WHAT IS CLAIMED IS:

1. A composition comprising: (1) sucrose: (2) fructose; (3) pectin; and 5 (4) water, wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight. 2. The composition of claim 1, further comprising one or more flavor agents. 10 \ 3. The composition of claim 2, further comprising one or more juice concentrates. 4. The composition of claim 3, further comprising one or more vitamins or vitamin sources. 15 5. A composition comprising: (1) sucrose; (2) fructose; and (3) pectin, wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to 20 about 53: about 3 to 5, respectively by weight. 6. The composition of claim 5, further comprising one or more flavor agents. 7. The composition of claim 6, further comprising one or more juice concentrates. 25 8. The composition of claim 7, further comprising one or more vitamins or vitamin sources. 9. The composition of any of claims 5-8, further comprising one or more sweetness 30 enhancers.

10. A composition comprising:

- (1) 25-30% by weight, cranberry juice;
- (2) sucrose;
- (3) fructose; <
- (4) pectin; and
- (5) water,

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wherein the ratio of sucrose: fractose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight, and wherein the composition has a brix value of 8 to 10, has 100-120 calories per 8 ounce serving, has 25 to 60 milligrams of proanthocyanidins per 8 ounce serving, and is free of artificial sweeteners.

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